

TRILLIUM HEALTH RESOURCES ANNUAL REPORT BRUNSWICK COUNTY

DAVID TART

REGIONAL DIRECTOR

2017

Transforming Lives



TRILLIUM UPDATE

Trillium's mission: Transforming lives of people in need by providing ready access to quality care.

Although the mission is simple, Trillium's efforts to accomplish this mission are not.

Trillium as well as all MCO's face continuous changes. Recurring budget cuts from the state and federal governments and proposed Medicaid reform cause us to adapt and evolve in order for us to continue to meet our contractual and regulatory obligations.

Trillium prepares for Medicaid Reform

- On November 15th, 2017, Trillium announced an important step towards securing our position as a leader in Managed Care in North Carolina.
- Trillium is working with two other MCO's, Alliance Behavioral Health and Vaya Health to form a new coalition known as Advancing NC Whole Health.
www.advancingncwholehealth.com
- This is a partnership-not a merger. Trillium believes by aligning our strengths and shared experiences, we can maximize our impact as we prepare for Medicaid Reform.

Who We Were Last Fiscal Year

- 24 counties, stretching from Virginia to SC
 - Largest LME/MCO in terms of number of counties and geography
- Total population of 1,260,828; approximately 185K Medicaid eligible
- 13% of State's total population, 13% of Medicaid enrollees
- 11,451.3 square miles, roughly the size of Maryland, or bigger than 8 states!
- Widely varying population density
 - Wilmington and Greenville are 8th and 10th largest cities, respectively
 - Most of catchment area very rural - includes NC's 2 lowest populated counties, Hyde and Tyrrell

NASH COUNTY JOINS TRILLIUM JULY 1

- Total population including Nash - 1,355,828
- Medicaid eligible - 195,000
- 14% of total population, 16% of Medicaid enrollees
- Total of 25 counties

Annual Gaps and Needs

- **Data reviewed:**
 - Demographic and health information data
 - National prevalence data for MH/DD/SA issues
 - Survey participants and stakeholders
 - Complaints and grievances,
 - Geo-mapping data
- **Process:**
 - Online surveys
 - On-site work with CFACs and Board
 - Compile and analyze data
 - Develop strategies to address gaps and needs
 - Present action plan to Board for adoption

Current Statistics For 2016

- Served approximately 52,650 people
 - 79% with mental health needs
 - 19% with substance use disorders
 - 9% with intellectual and developmental disabilities
- Total Cost = \$355,201,859.00
- 429 Providers

Trillium's 2017 Priorities

- Each year Trillium develops annual priorities to help staff determine where staff targets their efforts:
 1. Every person first, every time.
Activities that improve our customer services to all customers
 2. Trillium 2020 Vision
Evidenced based services, crisis services to enhance quality
 3. Advancing Technology
Strengthen the use of Technology
 4. One Community Together
Improve local community relationships through Advisory Boards, Systems of Care
 5. Enterprise Integration
Work together to ensure a consistent level of functioning in all departments

TRILLIUM ADDRESSES OPIOID CRISIS

- North Carolina has received \$31million over the next two years to address the Opioid Crisis through the Cures Act.
- Trillium's allocation for the first year is \$1.2 million. The funding is designated for new individuals seeking opioid treatment for the first time or individuals who have been out of treatment and are ready to seek treatment again.

OPIOID CRISIS CONTINUED

- Within the first 6 months, Trillium has spent the \$1.2 million serving 1,269 individuals
- Many counties have held their Opioid Forums that have focused on Education, Prevention and Treatment

TRILLIUM'S OPIOID INITIATIVES

- Healing Transitions in Raleigh - 354 admissions from the Trillium catchment who are looking for long term, peer led treatment for substance use disorders
- Oxford Houses - 242 people served in sober living homes including women and children.
- NC Harm Reduction - over 2245 kits distributed in the Trillium Catchment area
- Wellness Cities in Greenville, Wilmington, and New Bern provide peer support services to hundreds in recovery.

Trillium's 2016 Initiatives in Advancing Technology

Comprehensive Assessment for Teens

Increase overall self-disclosure from adolescents

Crisis Chat

Offers online emotional support

Assistive Technology

Assists adults and children offers items such as communication devices, security systems, and adaptive equipment.

Access Point

Website offers on line, anonymous, evidenced based, screenings

Trillium's Reinvestment Plan Outcomes

- Support and Inclusion for People with I/DD

1. Summer Programs/After School/Respite Program

Summer Programs, after school programs, and respite for children with I/DD. 12 Summer Day Programs serving 380 youth, 7 Afterschool programs serving 218

Location for parents of children with I/DD to have support groups

8-10 locations throughout 24 county catchment area

2. Accessible playgrounds

30 Playgrounds funded across catchment area

Reinvestment Plan Outcomes Con't

Evidence-Based Services and Supports

1. Child First/Child-Parent Psychotherapy

Interventions for children 0 - 6 who have experienced trauma leading to mental health issues. 32 clinicians have been trained and 926 children have been served

2. DirectCourse Workforce Development

Training of non-licensed healthcare providers to reduce staff turnover and improve patient care. 647 Staff have completed all course work.

3. Compassion Reaction/Rachel's Challenge

Offered in 289 schools and 136,000 children participated.

4. Wellness Recovery Action Planning

Classes that help adults with mental illness learn to manage symptoms, achieve recovery, and live independently.

5. Mental Health First Aid Training

There are 2 classes- Adolescent and Adult that are offered to community stakeholders.

Consumers served in Brunswick County

- Total Consumers served - 4,444
- Mental Health - 3,438
- Substance Use - 967
- I/DD - 378

Total is unduplicated, since a single individual may receive services in more than one category

QUESTIONS?

Transforming Lives

